

Enrolment and Participation Terms & Conditions

- 1. Notice by Email.** Any changes to Terms & Conditions will be advised in writing by email.
- 2. Payment.** Payment MUST be made in full at the time of enrolment by credit card (Visa & MasterCard only) or money order. A pro rata amount will apply to enrolments made after the commencement of term (subject to availability).
- 3. Participation.** Participation in the program is subject to full payment being received in advance. Members who have not provided full payment in advance will not be guaranteed a position in the program and their enrolment may be cancelled.
- 4. Telephone Enrolments.** Telephone enrolments will be accepted with full payment at the time of booking. An Enrolment Form must be completed and received back by Ezyswim prior to the commencement of the first session.
- 5. Privacy Policy.** Ezyswim is bound by the Privacy Act. For details of Ezyswim's Privacy Policy, please visit our website at www.ezyswim.com.au
- 6. Session Transfers.** Any session transfer (i.e. change of day or time) is subject to availability.
- 7. Make-up Policy.** Make-up lessons are only granted in the event of a genuine medical illness. Make-ups are only issued upon the receipt of a valid medical request form from www.ezyswim.com.au with a valid accompanying medical certificate. Make-up classes are subject to availability and are only valid to the end of the current swimming term.
- 8. Class Timetable.** Every effort will be made to adhere to the timetable but Ezyswim reserves the right to change, consolidate or alter classes as necessary.
- 9. Change of Details.** You must keep Ezyswim informed of any change of address or email, contact numbers and any other information relevant to your enrolment.
- 10. No Refunds.** All payments are non-refundable and enrolments are non-assignable.
- 11. Use of the Venue.** Children must not be left at the Venue without active parent or guardian supervision. Use of the Venue is subject to the Terms and Conditions of Entry, Pool Rules and Hygiene Policy. Ezyswim reserves the right to refuse participation to any person, including members, and has the right to cancel your enrolment without warning or notice due to any breach of these terms and conditions, or for any other reason management may decide such as equipment damage or health and safety risks.
- 12. Weather Conditions.** Program sessions are conducted irrespective of weather – in the event of unsuitable weather, dry land instruction will be provided.
- 13. Pool Temperature.** Programs are conducted in outdoor heated pools which are subject to temperature variations. Every effort is made to maintain the pool at these temperatures, however no refunds will be provided where pool temperature varies.
- 14. Electrical Storms.** In the event of lightning, the venue may be closed/the pool evacuated for safety reasons and the program will cease until it is deemed safe to return to the pool/re-open the venue. Dry land instruction will be provided if possible at this time. There will be no make-up sessions under these circumstances.
- 15. Swimming Caps.** Caps are compulsory for learn to swim & squad sessions. Ezyswim caps can be purchased from our Support Office at a discounted price for members.
- 16. Royal Institute for Deaf & Blind Children (RIDBC).** Participation in the Ezyswim program is conditional upon adherence to RIDBC rules, regulations and conditions of use. Road safety rules and speed limits within the grounds of the RIDBC must be adhered to.
- 17. Use of the pool outside session times.** For safety reasons, use of the pool outside session times is strictly prohibited.

Prices (as at July 2010)

Depending on the content level of personal aquatic survival skills, certain programs are GST free.

Term Payment

Payable by the Term in advance by Visa or MasterCard or money order.

Program Level

Infant Aquatics	\$13.90 (per session)
Pre-School	\$16.00 (per session)
School Age	\$16.00 (per session)
Mini-Squad	\$16.00 (per session)
Personal Session (one-on-one)	\$40.90 (per session)
Personal Session (two-on-one)	\$61.35 (per session)
Junior Squads	
1 session per week	\$14.00 (per week)
2 sessions per week	\$19.90 (per week)
3+ sessions per week	\$23.00 (per week)
Holiday Express	
(5 day program)	\$80.00
(4 day program)	\$64.00

Family Discount

Families with 3 or more children in the program receive a 30% discount for the 3rd or subsequent child.

Regular User Discount

Receive a 30% discount for more than 1 session per week in our Learn to Swim program.

Your Ezyswim Contact is:



North Rocks

361–365 North Rocks Road North Rocks NSW
(Located in the grounds of the Royal Institute for Deaf and Blind Children)

1300 11 SWIM (7946)

info@ezyswim.com.au | Fax: 9976 3711

 **ezyswim**
since 1979

Swimming, a skill for life.

North Rocks Swim Programs

Bankstown | Chatswood | Mosman | North Rocks | Revesby



1300 11 SWIM
www.ezyswim.com.au

Ezyswim Program

Our program operates seasonally from September to April each year in our modern, heated 25m pool which is shaded. Programs are available for all ages and abilities both during school terms and over the school holidays, when children have the opportunity to participate in our Express Program.

Your Instructors & Coaches

Our swim program instructors are all accredited with Austswim/ACTSA and have been screened according to legislative requirements. The team of instructors are professionally qualified and have been selected based on a combination of their technical knowledge, coaching skills and ability to communicate and build rapport. Our instructors have a caring and empathetic approach to teaching to ensure all participants feel comfortable and confident at all times.

Ezyswim Support Office Hours

Open Monday to Friday 9.00am to 5.30pm.

1300 11 SWIM (7946) info@ezyswim.com.au

Our Support Office can be contacted for all your Ezyswim enquiries, including bookings, session transfers, payment options, change of details and general enquiries. For your convenience discounted swim equipment packs can also be purchased and shipped directly to you. View our range at www.ezyswim.com.au/products.

Swim Programs

EXPRESS PROGRAMS

In conjunction with our term program, Ezyswim conducts Express Programs during the school holidays. These programs are a great way to boost your child's swimming ability and confidence whilst maintaining their regular weekly swimming lessons.

5th October to 8th October 2010
3rd January to 7th January 2011
10th January to 14th January 2011
17th January to 21st January 2011

INFANT AQUATICS

Term Dates – 1st November 2010 to 27th February 2011
(two week break 20th December 2010 to 9th January 2011)

B1's – (parent & baby) Infants aged 9–15 months are introduced to water in a happy and positive manner. Plenty of songs, colour and repetitive activity to stimulate both baby & parent! Introduction of water skills. Class duration 30 minutes. This is a water familiarisation class. 8 per group.

B2's – (parent & toddler) Toddlers aged 16–24 months are developing their water confidence and paddling skills with the comfort of a parent by their side. Further development of water safety skills. Class duration 30 minutes. 8 per group.

B3's – (parent & toddler) Toddlers aged 25–36 months. Continuation of developing water confidence and building paddling skills, floating and basic breathing techniques in preparation for independent swimming. Consolidation of personal water safety skills. 8 per group.

LEARN-TO-SWIM & AQUATIC SAFETY

Term Dates

Term 4 2010 – 11th October 2010 to 19th December 2010

Term 1 2011 – 28th January 2011 to 10th April 2011

Tadpoles – (pre school age) Class is aimed at building the water confidence and safety skills of beginners from 3 years of age. Activities include basic breathing, floating, propulsion, paddling and submersion. Focus on basic survival skills. Class duration 30 minutes. 4 per group.

Frogs – (pre school age) More confident pre schoolers are taught to float, propel and submerge independently with the introduction of freestyle arms and legs. Focus on safety in deep and shallow water. Class duration 30 minutes. 4 per group.

Penguins – (pre school age) Continuation of basic freestyle techniques and introduction of backstroke with development of streamline body position. Focus on deep water safety. Class duration 30 minutes. 4 per group.

Turtles – (pre school age) Development of bi-lateral breathing freestyle and backstroke techniques. Introduction of diving. Focus on survival swimming and basic rescues. Class duration 30 minutes. 5 per group.

Seahorses – (school age) Beginners are introduced to floating, propulsion and submersion. Instruction in basic freestyle and backstroke. Focus on basic survival skills. Class duration 30 minutes. 5 per group.

Platypus' – (school age) Continuation of freestyle with bi-lateral breathing and backstroke instruction whilst instilling deep water confidence. Focus on deep and shallow water safety. Class duration 30 minutes. 5 per group.

Seals – (school age) Further development of bi-lateral breathing freestyle and backstroke. Introduction of breaststroke and diving. Focus on deep water safety and survival swimming. Class duration 30 minutes. 6 per group.

Dolphins – (school age) Butterfly is introduced whilst maintaining focus on all other strokes and diving. Preparation for mini squad. Focus on advanced water safety techniques. Class duration 30 minutes. 6 per group.

MINI-SQUAD & AQUATIC SAFETY

Term Dates

Term 4 2010 – 11th October 2010 to 19th December 2010

Term 1 2011 – 28th January 2011 to 10th April 2011

Marlins – Emphasis on stroke development as children familiarise themselves with squad sessions. Introduction to turns and drills. Focus on personal safety in all aquatic environments. Class duration 30 minutes. 8 per group.

Sharks – Refinement of technique and gradual endurance building. Starts, turns and finishes. Focus on personal safety and rescues in all aquatic environments. Class duration 30 minutes. 10 per group.

AQUATIC PROGRESSION – JUNIOR SQUADS

Term Dates

Term 4 2010 – 11th October 2010 to 19th December 2010

Term 1 2011 – 28th January 2011 to 10th April 2011

Junior Bronze – 45 minutes in duration. This squad focuses on developing stroke technique and increasing the swimmers endurance. Swimmers are encouraged to attend training twice a week.

Junior Silver – 1 hour in duration. Develop endurance in sessions whilst still keeping a strong focus on technique. Swimmers are encouraged to attend four training sessions per week.

PERSONAL SESSIONS

(All ages) Individualised sessions for those requiring more personalised attention structured as one-on-one or two-on-one at the instructors discretion. All abilities are catered for and personal aquatic survival skills are introduced at every level of tuition. Varying times available. Bookings essential.

Adult Swim & Aquatic Programs

Whether it is sport specific training, stroke improvement, squad or personal sessions, programs are available to ensure your requirements are met.

Adult Learn to Swim – for beginners.

Adult Squad – Structured group training for adults who can swim 200m continuously and are looking for stroke improvement and endurance.

Aquacise – Aquacise is an excellent choice of exercise for fun & fitness! It is adaptable for all personal conditions, illnesses, injuries, post surgeries, pre and post natal. We offer a number of classes that are a proven way to increase your metabolism, build muscle tone and strength, improve balance and flexibility and relieve tension. Aquacise is a non-impact exercise. All classes are 45 minutes duration. Please phone the Support Office for further information.

