

## Enrolment and Participation Terms & Conditions

- Notice by Email.** Any changes to Terms & Conditions will be advised in writing by email.
- Initial Payment.** Initial payment must be made in full at the time of booking by credit card (Visa & Mastercard only). A pro rata amount will be charged for the first month.
- Participation.** Participation in the program is subject to full payment being received in advance. Members who have not provided full payment in advance will not be guaranteed a position in the program and their enrolment may be cancelled.
- Telephone Enrolments.** Telephone enrolments will be accepted with full payment at the time of booking. An Enrolment Form must be completed and received back by Ezyswim prior to the commencement of the first session.
- Leave Request.** If you wish to take a break or will be away for a period of time and wish to retain your position in the program, a leave request form can be completed online at [www.ezyswim.com.au](http://www.ezyswim.com.au). Forms must be submitted by the 15th day of the current month to take effect for the following calendar month where a discounted rate of 30% per session will be charged for lessons during the period of absence. A maximum of 6 weeks of leave over a calendar year can be applied per member and leave requests are only applicable for enrolments on Automatic Payment.
- Privacy Policy.** Ezyswim is bound by the Privacy Act. For details of Ezyswim's Privacy Policy, please see Reception or visit our website at [www.ezyswim.com.au](http://www.ezyswim.com.au)
- Departure.** An enrolment may be cancelled after the minimum subscription of one month by completing a departure request form available at [www.ezyswim.com.au](http://www.ezyswim.com.au). To be cancelled for the following calendar month by giving notice by the 15th day of the current month. Departure request forms received after the 15th day of the current month will not take effect until the month after.
- Session Transfers.** Any session transfer request (i.e. change of day or time) is subject to availability.
- Make-up Policy.** Make-up lessons are only granted in the event of a genuine medical illness. Make-ups are only issued upon the receipt of a valid medical request form from [www.ezyswim.com.au](http://www.ezyswim.com.au) with a valid accompanying medical certificate. Make-up classes are subject to availability and are only valid for one month from date of approval.
- Class Timetable.** Every effort will be made to adhere to the timetable but Ezyswim reserves the right to change, consolidate or alter sessions as necessary.
- Change of Details.** You must keep Ezyswim informed of any change of address or email, contact numbers, bank account and credit card details for payment and any other information relevant to your enrolment.
- Returned Automatic Payments.** If any amount payable for your enrolment is not paid on the due date, for example due to insufficient funds or incorrect personal details, participation in the program will be suspended until such time as the payments are up to date. An administration fee of \$10.00 will apply for each returned payment.
- Alternate Payment.** At Venues where alternate payment is accepted with conditions and additional fees, members are required to pay the monthly enrolment fees in advance between the 20th and 27th day of the month prior by telephone. If full payment is not received by this time your position in the program is not guaranteed.
- No Refunds.** All payments are non-refundable and enrolments are non-assignable.
- Use of the Venue.** Children must not be left at the Venue without active parent or guardian supervision. Use of the Venue is subject to the Terms and Conditions of Entry, Pool Rules and Swimming Hygiene Requirements. Ezyswim reserves the right to refuse participation to any person, including members, and has the right to cancel your enrolment without warning or notice due to any breach of these terms and conditions, or for any other reason management may decide such as equipment damage or health and safety risks.
- Swimming Caps.** Caps are compulsory for learn to swim & squad sessions. Ezyswim caps can be purchased at a discounted price for members.

## Prices SWIM PROGRAM FEES ARE PAYABLE BY AUTOMATIC PAYMENT

As at July 2011. Payable 1st business day of the month in advance by Automatic Payment. Depending on the content level of personal aquatic survival skills, certain programs are GST free.

All prices include Centre entry for the program participants and non-swimming parent or carer.

### Family Discount

Families with 3 or more children in the program receive a 30% discount for the 3rd or subsequent child.

### Regular User Discount

Receive a 30% discount for more than 1 session per week in our program.

### Program Membership Automatic Payment Monthly Fee

Infant Aquatics	.....	.69.00
Learn to Swim & Mini Squads	.....	.75.00
Junior Bronze	.....(Max.2 sessions per week)	.79.00
Junior Silver	.....(Max.3 sessions per week)	86.80
Junior Gold	.....(Max.4 sessions per week)	101.80
Competitive	.....(5+ sessions per week)	138.00
Nippers Squad	.....	.79.00
Adult Surf & Triathlete	.....(unlimited sessions per week)	120.00
Personal Sessions (one-on-one)	.....	144.00
Personal Sessions (two-on-one)	.....	216.00

### Program Member Family Rewards (Monthly Automatic Payment)

A 20% discount is available to any additional family member of a program participant on one of our membership packages. Please enquire at reception today.

### Adult Health & Fit Squad (Valid for one person. Includes Centre entry)

Casual Adult	.....	15.00
Casual Pensioner/Full Time Student/Senior (with valid photo id)	.....	12.00
10-pass (valid for 2 years from date of purchase)	.....	120.00
Adult	.....	120.00
Pensioner/Full Time Student/Senior (with valid photo id)	.....	96.00

### Adult Surf & Triathlete

10-pass (valid for 2 years from date of purchase)	.....	149.00
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### Holiday Express Program

5 Day LTS program	.....	82.50
4 Day LTS program	.....	66.00

### Administration Fees

Returned Payment Fee	.....	10.00
Alternate Payment Fee	.....	10.00

Your Ezyswim Contact is:

### Mosman Swim Centre

90 Vista St Mosman (next to Fitness First)  
Ph: 1300 11 SWIM (7946) Fax: 9976 3711  
[info@ezyswim.com.au](mailto:info@ezyswim.com.au)

### Centre Operating Hours

Monday to Friday 5.00am – 8.00pm  
Saturday 7.00am – 7.00pm  
Sunday 7.00am – 6.00pm  
Public Holidays  
8.00am – 6.00pm  
Closed Christmas Day & Good Friday



# Swim Programs

year round swimming



Swimming, a skill for life.

Bankstown | Chatswood | Mosman | North Rocks



Mosman Swim Centre is a community facility operated by Aquatic Leisure Management on behalf of the Mosman Council

Current at 1/7/11

1300 11 SWIM  
[www.ezyswim.com.au](http://www.ezyswim.com.au)

## Ezyswim Program

Our unique program is based on year round swimming with lessons continuing through school holidays, with the exception of a two week break over the Christmas and New Year period and the January school holidays. Children have the opportunity to participate in our express programs during this January period. To ease administration and for the benefit of our customers, program fees are payable by Automatic Payment (either bank account or credit card). All children school age and above must be assessed prior to enrolling in our program. Please contact us to arrange your complimentary assessment.

## Your Instructors & Coaches

Our swim program instructors are all accredited with Austswim/ACTSA and have been screened according to legislative requirements. The team of instructors are professionally qualified and have been selected based on a combination of their technical knowledge, coaching skills and ability to communicate and build rapport. Our instructors have a caring and empathetic approach to teaching to ensure all participants feel comfortable and confident at all times.

## Ezyswim Support Office Hours

Open Monday to Friday 9.00am to 5.30pm

**1300 11 SWIM (7946)**  
**info@ezyswim.com.au**

Our Support Office can be contacted for all your Ezyswim enquiries, including bookings, session transfers, payment options, change of details and general enquiries. For your convenience discounted swim equipment packs can also be purchased and shipped directly to you. View our range at [www.ezyswim.com.au/products](http://www.ezyswim.com.au/products).

## Swim Programs

### EXPRESS PROGRAMS

In conjunction with our yearly program, Ezyswim conducts Express Programs during the school holidays. These programs are a great way to boost your child's swimming ability and confidence whilst maintaining their regular weekly swimming lessons.

### INFANT AQUATICS

**B1's** – (parent & baby) Infants aged 6–15 months are introduced to water in a happy and positive manner. Plenty of songs, colour and repetitive activity to stimulate both baby & parent! Introduction of water skills. Class duration 30 minutes. This is a water familiarisation class. 8 per group.

**B2's** – (parent & toddler) Toddlers aged 16–24 months are developing their water confidence and paddling skills with the comfort of a parent by their side. Further development of water safety skills. Class duration 30 minutes. 8 per group.

**B3's** – (parent & toddler) Toddlers aged 25–36 months. Continuation of developing water confidence and building paddling skills, floating and basic breathing techniques in preparation for independent swimming. Consolidation of personal water safety skills. 8 per group.

### LEARN-TO-SWIM & AQUATIC SAFETY

**Tadpoles** – (pre school age) Class is aimed at building the water confidence and safety skills of beginners from 3 years of age. Activities include basic breathing, floating, propulsion, paddling and submersion. Focus on basic survival skills. Class duration 30 minutes. 4 per group.

**Frogs** – (pre school age) More confident pre schoolers are taught to float, propel and submerge independently with the introduction of freestyle arms and legs. Focus on safety in deep and shallow water. Class duration 30 minutes. 4 per group.

**Penguins** – (pre school age) Continuation of basic freestyle techniques and introduction of backstroke with development of streamline body position. Focus on deep water safety. Class duration 30 minutes. 4 per group.

**Turtles** – (pre school age) Development of bi-lateral breathing freestyle and backstroke techniques. Introduction of diving. Focus on survival swimming and basic rescues. Class duration 30 minutes. 5 per group.

**Seahorses** – (school age) Beginners are introduced to floating, propulsion and submersion. Instruction in basic freestyle and backstroke. Focus on basic survival skills. Class duration 30 minutes. 5 per group.

**Platypus'** – (school age) Continuation of freestyle with bi-lateral breathing and backstroke instruction whilst instilling deep water confidence. Focus on deep and shallow water safety. Class duration 30 minutes. 5 per group.

**Seals** – (school age) Further development of bi-lateral breathing freestyle and backstroke. Introduction of breaststroke and diving. Focus on deep water safety and survival swimming. Class duration 30 minutes. 6 per group.

**Dolphins** – (school age) Butterfly is introduced whilst maintaining focus on all other strokes and diving. Preparation for mini squad. Focus on advanced water safety techniques. Class duration 30 minutes. 6 per group.

### MINI SQUAD & AQUATIC SAFETY

**Marlins** – Emphasis on stroke development as children familiarise themselves with squad sessions. Introduction to turns and drills. Focus on personal safety in all aquatic environments. Class duration 30 minutes. 8 per group.

**Sharks** – Refinement of technique and gradual endurance building. Starts, turns and finishes. Focus on personal safety and rescues in all aquatic environments. Class duration 30 minutes. 10 per group.



### PERSONAL SESSIONS

(all ages) Individualised sessions for those requiring more personalised attention structured as one-on-one or two-on-one at the instructors discretion. All abilities are catered for and personal aquatic survival skills are introduced at every level of tuition. Varying times available.

### AQUATIC PROGRESSION – SQUADS

**Junior Bronze** – 1st level of squad program. 45 minutes duration. Focus on skills with introduction to race techniques. Swimmers are encouraged to train twice per week.

**Junior Silver** – 2nd level of squad program. 1 hour duration. Develop endurance in sessions whilst still keeping a strong focus on technique. Swimmers are encouraged to attend three training sessions per week.

**Junior Gold** – 3rd level of squad program. 1½ hour duration. This squad is focused on developing racing skills and techniques that enhance their performance at a competitive level. Swimmers are encouraged to train a minimum of four times per week.

**Competitive Squad** – Level 4 of squad program. 1 hour and 30 minutes duration. This squad is designed to meet the needs of strong school swimmers and to create a competitive platform on which to qualify for championship events. Swimmers are encouraged to train a minimum of four times per week.

## Adult Swim & Aquatic Programs

Whether it is sport specific training, stroke improvement, squad or personal sessions, programs are available to ensure your requirements are met.

**Learn to Swim** – for beginners.

**Personal Sessions** – Individualised sessions for those requiring more personalised attention. Structured as one-on-one or two-on-one sessions at the instructor's discretion. All abilities are catered for and varying times are available.

**Surf & Triathlete** – Squad members should be of a high level whose main focus is that of competition in triathlons and open water swimming. Squad members must be able to swim 3km+ per session.

**Health & Fit Squad and Aquacise** – Please refer to our Information & Memberships brochure for details.

Ezyswim proudly supports

